

**About Anne Milford:**

Anne Milford canceled her wedding exactly five months before the big day. On telling her story, she realized her qualms were remarkably common. Too many brides – she learned later from hundreds of interviews - were staying in mediocre or bad relationships for all the wrong reasons. Women who felt they'd already “put in too much time to quit now,” or that if they got married, “he'd change.”

Her forthcoming book, “How Not to Marry the Wrong Guy” reveals the real-life stories of women with either doomed first marriages or canceled weddings. She believes women can learn how to date or marry the *right* guy by understanding why women often marry the *wrong* one.

Milford earned a bachelor's degree in communications from Loyola University in New Orleans. She writes and speaks extensively on dating and relationship issues. She lives in St. Louis, Missouri.